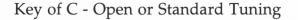
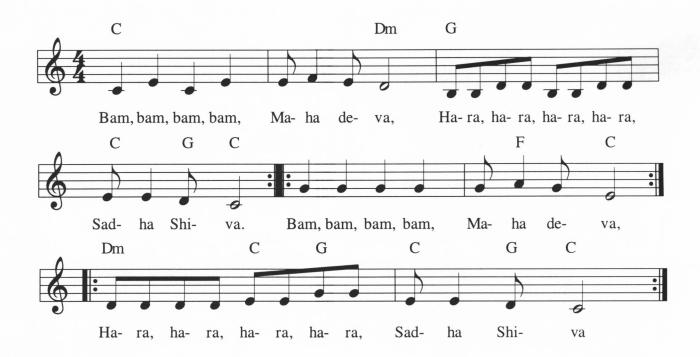
# SHIVA'S DRUM

## Words & Melody: Traditional Dance Originator: Philip Tansen O'Donohoe





#### Words:

This is a dance to Shiva, the cosmic dancer who embodies the principle of change, or "constructive destruction" in the Hindu trimurti (triple-godhead).

victory

the sound of the damaru, Shiva's drum

Great God - another name for Shiva

immortal, enduring one

- 1. Bam, bam, bam, bam
- 2. Mahadeva
- 3. Hara, Hara, Hara, Hara
- 4. Sadha Shiva
- Repeat 1 4.
- 5. Bam, bam, bam, bam, Mahadeva
- 6. Bam, bam, bam, bam, Mahadeva
- 7. Hara, Hara, Hara, Hara, Sadha Shiva
- 8. Hara, Hara, Hara, Hara, Sadha Shiva



Originator-approved write-up collected by Dances of Universal Peace North America

From *I Open My Eyes To You* March 2004

### Movements:

Define partners before beginning. Partner facing counterclockwise is partner A, partner facing clockwise is partner B.

- 1. Holding hands, circle moves to the right, starting with the right foot.
- 2. Releasing and raising hands, individually spin right.
- 3. Grapevine four steps to the left by stepping to the left with the left foot, then right foot steps in front, left steps left, right steps in back.
- 4. Release held hands and individually spin left. Repeat 1 - 4. Then face partners.
- 5. Partner A skips around partner B, while B claps with the beat.
- 6. Partner B skips around partner A, while A claps with the beat.
- 7. Partners link right elbows and turn.
- 8. Partners link left elbows and turn. At the end of the turns, partners have progressed and dance begins again.

# **RELATED ACTIVITIES**

Share images and stories of Shiva and his drum. Make drums. Have each child create their own signature rhythm, and share it in a call and response with the group. See Rhythm Add-on and Rhythm Play-Along.



Originator-approved write-up collected by Dances of Universal Peace North America From *I Open My Eyes To You* March 2004