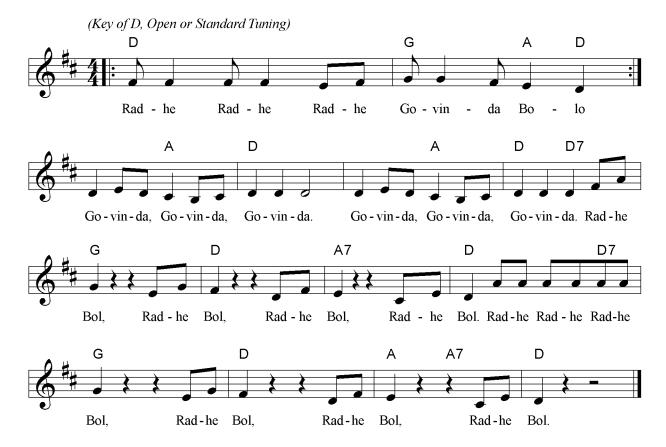
Radhe Bolo Partner Dance





This Dance may begin slowly, with tempo gradually increasing, then returning to a slow pace at the end; other, more playful changes, in tempo are possible. There is a certain playful feel to the Dance. We sing the praises of Radha and Krishna.

Radha is the most beloved to Krishna of all the gopis, or milkmaids, and represents the embodiment of perfect human devotion to the Divine. Govinda is a name for Krishna which means 'the one who tended the cows.' 'Bolo' is 'sing the praises of.'

The love between Radha and Krishna is the ideal of Love, absolute surrender of individuality in the case of Radha and absolute Divine Grace in the case of Krishna. Radha's yearning for union with her beloved Krishna can be seen as the soul's longing for spiritual awakening, to be reunited with the Source from which it has become separated.

The 'Rasa Lila,' the Divine Play between Krishna and the gopis, symbolizes in Paramahansa Yogananda's words, "Spirit and Nature dancing together."

Radhe Bolo Partner dance

- 1. Radhe Radhe
- 2. Govinda Bolo

Repeat 1-2.

- 3. Govinda Govinda Govinda
- 4. Govinda Govinda Govinda
- 5. Radhe Bol
- 6. Radhe Bol
- 7. Radhe Bol
- 8. Radhe Bol
- 9. Radhe Radhe Bol
- 10. Radhe Bol
- 11. Radhe Bol
- 12. Radhe Bol

Establish partners and line of progression and join hands in a circle.

- 1. Take four steps into the circle raising hands no higher than shoulder height.
- 2. Take four steps out of the circle lowering hands and bowing slightly.

Repeat 1-2.

- 3. Circle moves to the right. On the third 'Govinda' all raise and release held hands turning individually clockwise. The turn is not in place, the whole circle continues to move to the right.
- 4. Rejoin hands and circle moves to the left. On the third 'Govinda' all raise hands and turn as before except counter-clockwise. Again, as in 3, one keeps moving to the left while turning.
- 5. Partners face each other in line of their progression with hands approximately at shoulder height and width. Having sung the phrase, 'Radhe Bol' partners clap right hands together three times. Note that the claps are gently done. As manifestations of fire, they are like a candle flame.
- 6. Do the same with left hands.
- 7. Do the same with both hands.
- 8. Partners progress by simply walking (do not turn) in line of direction to next partner.
- 9. Face new partner for an instant then raise hands high and spin individually in place in a clockwise direction. Having sung the phrase, partners again clap as in 5 above.
- 10. Repeat 6.
- 11. Repeat 7.
- 12. Progress walking past this partner (again, this is not a turn) and join hands in the circle ready to begin a new cycle of the Dance.

Words and music: traditional

Movements: Philip Tansen O'Donohoe