

Medicine Buddha Dance

Key of C major
Open or standard tuning

Words: traditional
Melody and movements: Philip Tansen O'Donohoe

C G C F

Tay - a - tha, Om _____ be - kend - zay be - kend - zay ma - ha be - kend -

6 C G C

zay rand - za sa - mu - ga - te So - ha _____

According to the Buddhist scriptures the special quality of the Medicine Buddha or Healing Buddha is the power inspired through his twelve aspirations or vows. A number of these vows relate specifically to the hearing of the names of the Healing Buddha and through this listeners can receive healing blessings, protection, prosperity and recovery from all kinds of dis-ease.

One could say that the syllables of the mantra are essentially the wisdom heart energies of the Medicine Buddha and act as the channel for the mystical healing blessings to come to us, through us and as us.



Tayatha om bekendzay bekendzay, maha bekendzay randza samugate soha.

The mantra is an English transliteration of Tibetanised Sanskrit and as such the English words as written do not fully convey the exact pronunciation.

One possible translation. *In this way: Om Healer! Healer! Great Healer! Infinite Healing Presence! So be it.*

Or more traditionally. *Thus, O King of Healing, of Healing, of Great Healing, the Fully Exalted One. May your blessings consecrate us.*

Movements:

1. Tayatha Om - Partners join hands together at waist level and make a half turn clockwise.
2. Bekendzay bekendzay - Partners stand in place facing each other both as healers and the ones being healed.
3. Maha bekendzay randza - All join hands in the circle walking in to the center raising arms 4 steps.

The circle of dancers with joined hands is perhaps representative of the Great Healer.

4. Samugate Soha - Still with joined hands all walk out from the center lowering hands 4 steps. However there is this place energetically when the circle is just fully into the center as people sing "randza" and as they begin to step out on "samugate" where there can be the connection to the Infinite Healing Presence.

This point is not simply in the space between walking in and walking out. It manifests as the circle is almost fully into the center.

Cycle repeats indefinitely.

